

Join us at the fully accredited ESPCG Educational Meeting and Programme supported by a UEG educational grant and held in conjunction with:

UNITED EUROPEAN  
GASTROENTEROLOGY

ueg



The ESPCG in conjunction with UEG is pleased to offer health care professionals in Romania the opportunity to join us for an educational symposium on liver disease. The management of liver disease is an increasing challenge within primary care. Different disorders such as infectious hepatitis, alcoholic and non-alcoholic liver disease are well documented across Europe but with the rise of immigration there are new experiences that can be shared by ESPCG speakers in conjunction with regional experts.

### Participants

General Practitioners, mainly from Romania. Also potential participation of other GPs from nearby countries will be encouraged and promoted. Between 50 and 100 attendees are expected.

### Programme

Topics related to the management of liver problems will be presented from a panel of expert speakers. Case scenarios from practical practice situations will make participation possible to encourage interaction during the meeting.

### Accreditation

ESPCG will work for the guaranteed accreditation of the programme through official UEMS-EACCME training european credits. A final accreditation certificate will be provided to GPs attending the educational meeting.

# espcg

## European Symposia

### Liver problems: Management from within Primary Care

**24 - 25th May 2024**  
Sinaia, Romania

Registration  
Information:



### Topics to be covered include:

Dealing with abnormal liver function test in Primary Care • Alcohol and liver impairment, management in Primary Care • Cirrhosis management: Primary care and gastroenterologist interaction • NASH and microbioma: Updated knowledge for primary care • Metabolic syndrome and liver. A primary care practice management case report • NAFLD: Clinical update for GPs • Hepatitis management in Primary Care: The hepatitis C scenario • Gallbladder problems and primary care management • Cultural differences and hepatic impairment among Europe: Refugees and other scenarios

## Background and motivation

The ESPCG mission is increasing knowledge and best practice from a primary care perspective in gastrointestinal disorders around Europe. Management of liver disease is an increasing challenge for primary care doctors. Different disorders such as infectious hepatitis, alcoholic and non alcoholic liver disease are a focus for the society to ensure adequate management in different European scenarios. Immigration among European countries is also a recent and relevant factor adding to the need for wider hepatic knowledge. Balkan countries like Romania, represent a challenge for the ESPCG 2024 Meeting. Firstly for its initial involvement as a new member country represented in ESPCG and secondly for its potential need to have this liver programme for their GPs. Participation from other doctors representing near by countries could be expected as well . This presents also a further reason for delivering this comprehensive programme. Collaboration from the European Association for the Study of the Liver (EASL) and from both the Romanian Society of Gastroenterology and Hepatology (SRGH) and the Romanian Association for Liver Diseases (RoALD) are also an important element for the success of the event especially as we will be promoting the shared care approach from the specialist side. Local Romanian GPs Association involvement also represents an important sharing experience from an ESPCG perspective.

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## Support

The activity will be funded through the Educational Programme of the United European Gastroenterology (UEG) . No expected fees will be required to participants.

ESPCG will be promoting the event through its website [www.espcg.eu](http://www.espcg.eu)

## Friday 24th May

17:30	Registration of participants
18:00 - 18:15	<p><b>Welcome and introductions. Presentation of the programme</b></p> <p>Dr. Juan Mendive. President ESPCG</p> <p><b>Welcome from Romanian GPs Association</b></p> <p>Dr. Dina Mergeani. Romanian National Society of Family Medicine (SNMF)</p>
<p><b>Session 1. Starting on liver disorders</b> Moderator: Dr. Juan Mendive. Spain. ESPCG</p>	
18:15 - 18:40	<p><b>Dealing with abnormal liver function test in Primary Care.</b> <b>(A case report with interactive questions)</b></p> <p>Dr. Juan Mendive. Spain. ESPCG</p>
18:40 - 19:05	<p><b>European Guideline for Management of Abnormal Liver Function Test</b></p> <p>Conf. Dr. Bogdan Procopet. Representative EASL</p>
19:05 - 19:30	<p><b>SANFILIV- Primary care screening of metabolic advanced liver fibrosis in high-risk individuals: A pilot study</b></p> <p>Dr. Mihaela Udrescu. Romanian National Society of Family Medicine (SNMF)</p>
19:30 - 19:50	<p><b>Gallbladder problems and primary care management</b></p> <p>Dr. Ligia Moşneaga. Romania. Romanian Society of Gastroenterology &amp; Hepatology (SRGH)</p>
19:50 - 20:10	Group discussion

End of day one

## Saturday 25th May

<b>Session 2. Liver metabolic problems: MASLD, NASH and Metabolic Syndrom</b> Moderator Prof. Jean Muris. The Netherlands. ESPCG	
8:45 - 9:15	<b>MASLD : clinical update for GPs and shared care approach</b> Prof. Christos Lionis. Greece. ESPCG
9:15 - 9:45	<b>Metabolic syndrom and liver. A primary care practic management (A case report with interactive questions)</b> Dr. Pierluigi Fracaso. Italy ESPCG
9:45 - 10:05	<b>Clinical care pathway for the screening/early diagnosis, risk stratification, and management of metabolic dysfunction-associated steatotic liver disease (MASLD)</b> Prof. Dr. Liana Gheorghe. Romanian Society of Gastroenterology & Hepatology (SRGH)
10:05 - 10:20	<b>Group discussion</b>
10:20 - 11:00	<b>Coffee / tea break</b>
<b>Session 3. Liver problems: Hepatitis and other liver problems</b> Moderator. Dr. Pierluigi Fracaso. Italy. ESPCG	
11:00 - 11:30	<b>Hepatitis management in Primary Care: The hepatis C scenario</b> Dr. Foteini Anastasiou. Greece. ESPCG
11:30 - 12:00	<b>Digital technologies to increase adherence to therapy - applied to primary care practice</b> Prof. Univ. Dr. Cristina Mihaela GHICIUC. Romanian National Society of Family Medicine (SNMF)

12:00 -12:20	<p><b>Alcohol and liver impairment management in Primary Care</b> Dr. Roxana Chiruță. Romanian National Society of Family Medicine (SNMF)</p>
12:20 - 12:35	<p><b>Group discussion</b></p>
12:35 - 13:00	<p><b>Coffee / tea break</b></p>
<p><b>Session 4. Evaluation</b></p>	
13:00 - 13:20	<p><b>Evaluation and accreditation texts for participants'GPs</b> Co-ordination from ESPCG</p>
13:20 - 13:30	<p><b>Final remarks and conclusions</b> ESPCG and Romanian National Society of Family Medicine (SNMF) final remarks from officers</p>
13:30	<p><b>End of programme</b> Lunch</p>